

POSITIVE IMAGE CENTERSM

New Hair Growth After Chemotherapy



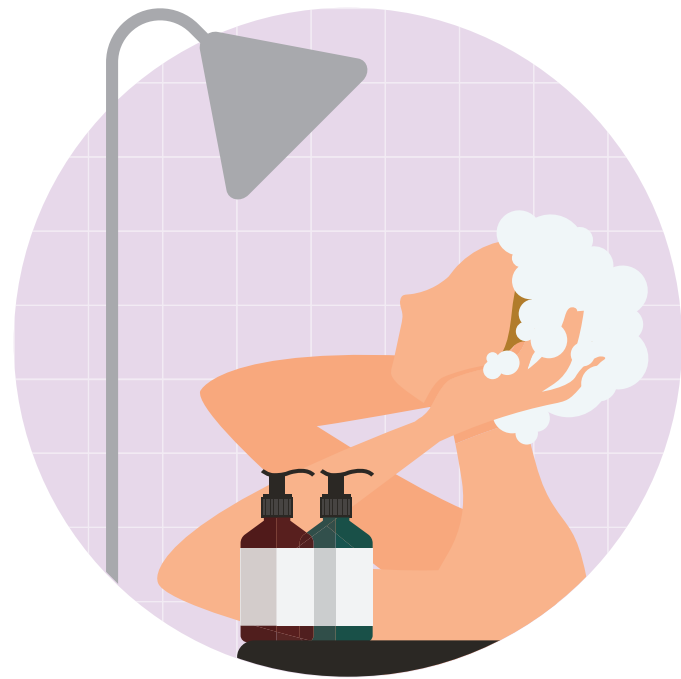
Stages of Hair Growth After Chemo

- Most of the time, hair loss from chemotherapy is temporary. If you experience hair loss as a side effect, your hair is likely to begin to grow back within a few months of finishing treatment.
- You may see soft fuzz three to four weeks after finishing treatment. In two to three months, your hair may grow one full inch.
- Following chemotherapy treatment, it will take some time for the hair follicle to recover. The hair growth often returns to a quicker and more stable rate once the body has recovered and regenerated.
- The initial chemo hair you grow usually reverts to normal over a period of six to 12 months, however sometimes this takes much longer.
- When your hair grows back, it might be a slightly different color or texture than it was before. Those differences are usually temporary.

NOTE: Keep in mind that your chemo regimen and your genetics will determine how fast your hair will grow back.

Tips for Caring for After-Chemo Hair

- In the early stages of hair growth, avoid coloring or bleaching the hair.
- It might also help to limit the use of heated hair tools.
- Gently massaging/shampooing your scalp can help the circulation of blood that flows to the hair follicle and helps to aid in stimulating hair growth.
- Consider using a gentle deep or leave-in conditioner every week or so, such as those designed for damaged hair.



When Will Eyelashes and Eyebrows Regrow?

- The vast majority of people see new hair starting to regrow after chemotherapy treatment has finished. Some people find that the hair on their scalp grows back quicker than their brow and lash hairs.
- Eyelashes can be quite patchy when they start to grow back. They may take up to a year to grow back fully, although they will usually grow back in about six months after treatment finishes.

City of Hope Is Here to Help

For more information, please join us at one of our Scalp Care Workshops.

For more information on wig resources, please stop in at or call the Positive Image Center, Monday to Friday, between 8 a.m. and 4 p.m.

The Positive Image Center also offers complimentary scalp treatments for our patients. Scalp treatments nourish the scalp and encourage hair growth.

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